

Change Essentials

Change Essentials is a half-day workshop for all employees that helps them focus on changes happening around them and gain skills that can help them thrive in this dynamic environment.

FOUR CHANGE SKILLS

Skill #1:

Anticipating Change: The ability to notice small changes now and anticipate what is likely to happen next.

Skill #2:

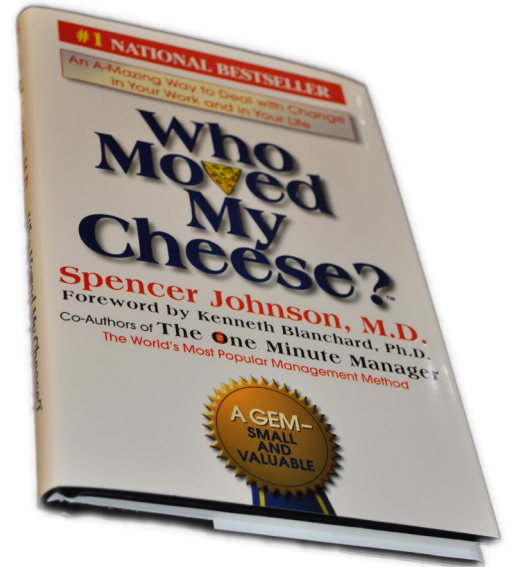
Taking New Actions Now: Quickly doing something new, evaluating the results, then doing something differently again.

Skill #3

Moving Beyond Fear: Noticing when fear or comfort is holding you back, and then moving past it.

Skill #4:

Imagining Real Success: The ability to picture an ideal outcome from the change for yourself, your team, and your entire organisation.



DURING THE SESSION

You Will Learn to:

- » View change as a competitive advantage
- » Innovate new ways to get results.
- » To Focus on what's most important.
- » See change as an opportunity for success.

Individual Change Assessment: Gain insight about how you react to change. It reveals where your strengths lie and what could improve to get better results.

Video: The Telly™ an Award-winning movie is a quick way to share the story and get everyone on the same page.

ABOUT THE BOOK

“Who Moved My Cheese?” by Dr. Spencer Johnson is the best-selling business book of all time, having sold over 23 million copies in 42 languages. Change Essentials allows you to take these proven principles from the book, implement them in your organisation to make successful changes that will bring the results you're counting on.

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